

# YMARTIAL ARTS™

**Hiang Thè Central Shaolin Martial Arts Club &  
the YMCA of Central Kentucky**

## **MARTIAL ARTS TOURNAMENT & DEMONSTRATION '07**

# **STUDENT INFORMATION**

Our annual Hiang Thè Central Shaolin Fall tournament and demonstration will take place on Saturday, October 6 this year. We would like to invite and encourage all students and their families to attend, as well as all students to participate in this fun and fund-raising event for the YMCA's "Campaign for Kids."

### **Build strong friendships, families, and character through martial arts competition**

The purpose of our tournaments is to build strong friendships, families, and character through martial arts competition. The tournament also offers a great way for students to grow and gain confidence by performing in front of your fellow club members and the event's spectators.

### **Students can participate in Empty Hand, Weapons, Two-person Forms, or Sparring.**

For those who have not attended or participated in the past, White to Green Belt level students can take part in two categories per person in either Empty Hand forms, Weapons Forms, Two-person Sets, or Sparring. Brown and Black can compete in three categories. Competitors are divided into both age and rank divisions, as well as Women and Men divisions for adults, with Gold, Silver, and Bronze medals awarded in each event. The forms events are judged on accuracy, power, rhythm, stances, concentration and spirit on a scale of 1 (low) to 10 (high). Sparring is either a 2 minute, non-stop round, single elimination for White/Yellow and under the age of 12. Other divisions and students age 12 and up will use the Point System for sparring this year. (See the entry form for a complete set of rules.)

### **Only \$20 to enter if pre-registered. See your instructor for an entry form.**

There is a \$20 entry fee for one or two events if pre-registered, \$30 day of tournament. Pick-up or turn in your forms and fees to your instructors if pre-registering. All proceeds go to the YMCA's "Campaign for Kids." We hope to see you there.



**Saturday, October 6, 2007**

**Beaumont Middle School Gymnasium,  
2080 Georgian Way, Lexington, KY**

**Demonstration at 1:00 p.m. • Student Competition starts at 3:00 p.m.**



Hiang Thè Central Shaolin Martial Arts Club  
and the YMCA of Central Kentucky presents

## MARTIAL ARTS TOURNAMENT 2007

**When: Saturday, October 6, 2007. Competition start 3:00 p.m. Demo at 1:00 pm**  
**Where: Beaumont Middle School Gym, 2080 Georgian Way, Lexington, KY**

*Entry Form and Waiver*

Name \_\_\_\_\_ Age \_\_\_\_\_ M / F (circle one)

Address \_\_\_\_\_ Telephone \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_ E-mail \_\_\_\_\_ Instructor \_\_\_\_\_

**Division:**(Check one) *Adjustments may be made for heigh, weight, and number of participants as needed*  
Pee Wee (8 and under)\_\_\_\_ Youth (age 9-11)\_\_\_\_ Junior (12-15)\_\_\_\_ Adult Women\_\_\_\_ Adult Men\_\_\_\_

**Rank:** (Check one) White\_\_\_\_ Yellow\_\_\_\_ Blue\_\_\_\_ Green\_\_\_\_ Brown\_\_\_\_ Black\_\_\_\_

**Event:** (Limit 2 events per competitor for White to Green; 3 events for Brown & Black)  
Sparring \_\_\_\_\_ Empty Hand Forms\_\_\_\_ Weapon Forms\_\_\_\_ Two-Person Forms \_\_\_\_\_

### RULES AND SCORING

\$20 entry fee if pre-registered. \$30 day of tournament. Turn in your forms and fees to your instructors if pre-registering. Competition is limited to Hiang Thè Martial Arts Club students only. *Forms:* Judged on accuracy, power, rhythm, stances, concentration and spirit on a scale of 1 (low) to 10 (high). *Sparring:* For White and Yellow Belts, and all ranks under the age of 12; 2 minute, non-stop round, single elimination. Judges and referee vote for winner at the end of two minutes. Ties go to a one minute overtime. In the event of a takedown, referee will count to three to allow a follow-up, then stop the match and continue with both competitors standing. **All other divisions and ages will use Point System scoring. See the other side of this form for Point Sparring rules.** Unnecessary contact, poor sportsmanship, or repeated running out of the ring to avoid opponent will result in disqualification. NO attacks to the knee, NO contact to the head, NO blind attacks. Safety equipment is highly recommended, ie: mouthpiece, protective cup, shin or forearm pads. Full uniforms must be worn. **There is a mandatory pre-tournament meeting at 2:30 pm the day of the event for all competitors.**

*The purpose of this tournament is to build strong friendships, families, and character through martial arts competition. Please compete with a positive spirit and good attitude, and introduce yourself to your fellow competitors from outside your own school. Let's use this event to strengthen and grow our club.*

Wavier: The YMCA of Central Kentucky Release and Waiver of Liability Agreement. In consideration for being permitted to participate with the YMCA for any purpose including but not limited to the Central Shaolin Martial Arts tournament, utilization and/or observation of its facilities, equipment, services, and programs, without respect to location, the undersigned, for himself or herself and any personal representatives, assigns, heirs, and next of kin, hereby agrees to release, waive and discharge the YMCA, its directors, officers, employees, and agents, as well as members of the Hiang Thè Martial Arts Club including instructors, officials, and workers, from all liability for any loss or damage to personal property, and/or any claims or demands therefor on account of injury or death of the undersigned. The undersigned agrees that the forgoing Release and Waiver of Liability is intended to be as broad and inclusive as is permitted by the law of the Commonwealth of Kentucky. The undersigned also acknowledges that he/she has both read and voluntarily signed this Release and Waiver of Liability. I have read this release.

Signature \_\_\_\_\_ Date \_\_\_\_\_

*(Parent or guardian signature required if under 18 years of age)*

**Spectator admission: \$5, children 4 and under free. All proceeds go to the YMCA's "Campaign for Kids"**

**Visit [www.centralshaolin.com](http://www.centralshaolin.com) • Questions? Email: [mail@centralshaolin.com](mailto:mail@centralshaolin.com)**

## Point Sparring Competition Rules

- 1) Each round is single elimination.
- 2) Rounds are two minutes in length. The competitor with the most points at the end of 2 minutes will be declared the winner. In the event of a tie, there will be a one minute overtime. If the score is still tied after the overtime, the competitor scoring the next point wins.
- 3) The center referee will call: "Start" to begin the sparring, "Stop" to stop the sparring, and "Point" to identify a point scored. The center referee will stop the sparring after each point.
- 4) Both ring judges and center referee may call scoring points. Once a point is called, the match is stopped by the center referee and judges will be asked to confirm or dismiss a called scoring point. The center referee has final decision making authority for scoring, rules compliance, and competitor conduct.
- 5) A point scoring technique is defined as a technique that, if it were not pulled and allowed to make contact, would result in an effective blow stopping or injuring the opponent.
- 6) Each scoring technique counts as one point. In the event of a takedown, referee will count to three to allow a follow-up technique, then stop the match and continue with both competitors standing. No points are given for the takedown alone.
- 7) Scoring areas: Head, neck, chest, ribs, abdomen, spine area of back, kidneys. NO attacks to the knee or other joints, NO contact to the head, NO blind attacks.
- 8) Unnecessary contact will result in disqualification. A warning or point deduction may be given at the discretion of the referee
- 9) Points cannot be scored from outside the ring. If a participant leaves the ring, the match will be stopped. Running out of the ring to avoid contact or to allow time to expire is not allowed and will result in either a point deduction or disqualification.

Displays of poor sportsmanship, including arguing with a judge or referee will result in disqualification, as will interference from a parent, instructor, or spectator.

